

B1 Unit test 1A**Navigate****1 Complete the sentences with the correct form of a verb from A, and a noun/noun phrase from B.****A**

make have do eat go stay

Bhousework some exercise a lie-in
homework a to-do list
future plans shopping healthy food

- My brother says he only _____ , but it's not true – I saw him in the park with an ice cream!
- I get up at 6.00 most days, so this Saturday I'm going to _____ and not get up till lunchtime.
- I don't like _____ , but I have to if I want a clean home.
- There's no milk, no bread, no pasta – nothing. I need to _____ .
- I'm so busy this week, I don't know where to start! I'd better _____ so I remember everything!

2 points for each correct answer

10

2 Match 1–5 to a–f to make complete sentences. There is one ending that you don't need.

- It's really sunny. Shall we go ____
 - I enjoy playing ____
 - I don't want to cook, so let's go ____
 - I've just started doing ____
 - I don't play ____
- a out for a meal later.
b chess, but I'm not very good at it.
c yoga and I find it very enjoyable.
d basketball, but I love watching it.
e for a walk?
f clubbing.

2 points for each correct answer

10

3 Two colleagues are planning an evening with their visitor. Complete their conversation with a word/phrase from the box. There is one word/phrase you don't need.prefer really into don't mind
don't like favourite not that keen on

- Yannis** Tomas is arriving at 4.00, and our meeting starts at 4.15.
- Ivana** That's right. Why don't we invite him to do something after the meeting?
- Yannis** Good idea! He's ¹ _____ music, so we could take him to the open-air concert in the park. It starts at 7.00.
- Ivana** Yes, but it's a rock concert and I'm ² _____ rock music.
- Yannis** Oh, right. Well, what about a trip up the river? There are some good boat tours.
- Ivana** The weather forecast says there are going to be showers this evening. I ³ _____ getting wet, but I'm not sure Tomas would like it.
- Yannis** There are lots of restaurants near the river, so we could take him for a nice meal. I can eat most things – the only food I ⁴ _____ is fish.
- Ivana** Let's do that. I hate fish too, but I know that Tomas's ⁵ _____ food is Italian.
- Yannis** Well then, we can go for a pizza!
- Ivana** Great!

2 points for each correct answer

10

B1 Unit test 1A**Navigate****4 Complete the second sentence so that it has a similar meaning to the first sentence.***EXAMPLE: I filmed my party.**I made a film of my party.*

- Sarah dreamt about flying last night.
Sarah _____ about flying last night.
- We're going to plan what to do on each day of our trip.
We're going to _____ of what to do on each day of our trip.
- I'll look at your new photos on Facebook later.
I'll _____ at your new Facebook photos later.
- I promised Nikos I would help him.
I _____ to Nikos that I would help him.
- Hahn is blogging about his round-the-world trip.
Hahn _____ about his round-the-world trip.

2 points for each correct answer

	10
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5 Choose the correct answer from the words in *italics*.

- A** *Why / Who / When* did you move here?
B About a year ago.
- A** *How much / How often / How many* do you go out for a meal?
B A few times a month.
- A** *Are / Do / Did* you use an online dictionary?
B Oh, all the time!
- A** *What kind / How often / How much* of food can you cook?
B Mainly dishes from my own country.
- A** *How often / How many / How much* do you have an early night?
B Hardly ever!

- A** *What / When / Why* are you so tired today?
B I went to bed late because I was finishing some work for university.
- A** *What / What time / Why* did you get up today?
B Quite early. It was about seven.
- A** *What / When / Who* do you talk to if you have a problem?
B My mum.
- A** *Where / Why / Who* did you work when you left university?
B In a large computer software company in Mumbai, India.
- A** *Do / Did / Does* your flatmate make dinner last night?
B Yes, and it was absolutely delicious!

2 points for each correct answer

	10
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6 Complete the blog. Use one word in each space.

¹ _____ often do I go into the city centre? Well, I hardly ² _____ do that nowadays. I don't enjoy going ³ _____ in the centre because the stores are always so busy. I ⁴ _____ stand crowds, and I can buy what I need online. I only go into the centre when I have a/an ⁵ _____ with my dentist.

2 points for each correct answer

	10
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7 Read the article from a travel magazine in which five people talk about their holiday in South East Asia. Which person ...

- 1 couldn't afford to do any shopping? _____
- 2 thought the beaches were really fantastic? _____
- 3 used a kind of local transport? _____
- 4 thought the best thing about the trip was the exotic food? _____
- 5 stayed in one place longer than they planned? _____

Katerina

My idea was to travel around South East Asia and visit two or three different countries. But when I got to Thailand, I didn't leave because it was so fabulous there. I really loved doing yoga on the beach each morning and then going for a swim. The weather was amazing, too. Things aren't too expensive in the markets, so I got a few souvenirs for my parents.

Sanjeev

I arrived in Vietnam first. I was on a package tour, which meant that I didn't have a lot of freedom to go off on my own. There was an activity planned for us every minute of the day, and we saw some of the most beautiful scenery I've ever seen in my life. We were also taken on an 'island-hopping' trip to see the islands around there, and that was on a special type of Vietnamese boat called a *junk*.

Aoife

I'd just won some money, so I decided to treat myself and my friend to a luxury holiday travelling around the islands of Indonesia. We were there for three weeks and travelled to about ten different islands during that time. I think Indonesia has the best beaches in the world! We had some really good meals, too, like *ayam bakar*, which is a delicious spicy chicken dish.

Dimitris

I visited Cambodia, and it was, without a doubt, the holiday of a lifetime for me. What I remember most about my time there is the food. I've never tasted fish or vegetables like that before, and sadly I probably won't again unless I go back there. There was a dish called *fish amok*, which I had every other day because I loved it so much.

Maya

I didn't have much money left by the time I got to the Philippines because it was the last place I visited. That wasn't a problem, though, and I had a great time. My favourite place was Banaue, which has lots of spectacular ancient rice terraces. I particularly enjoyed visiting the river markets, but of course I wasn't able to buy any souvenirs for my family and friends.

2 points for each correct answer

10

Name _____

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Navigate

8 Look at the photos. What do they have in common? Choose TWO answers from the box.

summer holidays	types of weather
environmental issues	
different seasons	things to do in winter

They all show _____
and _____.

1 point for each correct answer

	2
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9 Read the newspaper headline. What is the article likely to be about? Choose a, b or c.

The Truth about Weather and Feelings

- a how people's activities depend on the weather
- b the connection between telling lies and the weather
- c why people's moods change in some seasons

2 points for the correct answer

	2
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10 Read the article. Choose the correct heading 1–5 for each paragraph.

- 1 What the research tells us
- 2 Common signs of depression
- 3 Changes people can make to their homes
- 4 Different regions, different weather, same effect
- 5 The medical advice

2 points for each correct answer

	10
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11 Read the article again. Decide if the sentences are true (T) or false (F). If there is no information about this, choose 'not given' (NG).

- 1 Some people feel depressed in winter because they hate cold weather.
T / F / NG
- 2 When people become depressed, they usually don't want to speak to other people.
T / F / NG
- 3 The colours red and yellow make people feel more relaxed.
T / F / NG

2 points for each correct answer

	6
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A ____

In many Asian countries, the reduced amount of sunlight during the rainy season can make people feel depressed. People in Europe can also feel unhappy during the autumn and winter months because they don't see much sun. The difference between the two places is that the rainy season doesn't last as long as autumn and winter.

B ____

Scientists have tried to learn which people suffer most from depression related to the weather. After studying the problem, they found that it is more common for females to feel depressed than males.

C ____

Nobody knows why people become depressed because of the weather, but doctors know what problems they can sometimes have. People want to sleep more and generally feel that they have no energy. They also want to eat more and so can put on weight.

D ____

Doctors recommend that people eat a healthy, balanced diet and get plenty of exercise. Thinking positive thoughts also helps people to feel better about themselves. All of these things will be of great benefit to your body and mind.

E ____

Using bright colours also makes a difference. Colours such as red, orange and yellow make us feel more alive. This can help us feel more energetic and likely to do some physical activity. Blue, grey and black, however, make us feel heavier and slower. This is something people should think about when they are choosing colours for their walls.

B1 Unit test 1A

12 For each pair of sentences a and b, tick (✓) the sentence which does not contain a mistake.

- 1 a We go camping sometimes in summer.
b We sometimes go camping in summer.
- 2 a Karl usually plays golf with his brothers on Saturdays.
b Karl plays usually golf with his brothers on Saturdays.
- 3 a At the weekends, I hardly ever think about work.
b At the weekends, I think about work hardly ever.
- 4 a I listen never to CDs anymore. All my music is on my phone.
b I never listen to CDs anymore. All my music is on my phone.
- 5 a After a busy day at work, I often lie on the sofa watching TV.
b After a busy day at work, I lie often on the sofa watching TV.

- 6 a Stefan every now and then drives to the office.
b Every now and then Stefan drives to the office.
- 7 a I most days try to do some studying for my English course.
b I try to do some studying for my English course most days.
- 8 a Maria occasionally visits her relatives in Athens.
b Maria visits occasionally her relatives in Athens.
- 9 a Zsuzsanna is nearly always happy.
b Zsuzsanna nearly always is happy.
- 10 a I rarely go clubbing these days because it's too expensive.
b I go rarely clubbing these days because it's too expensive.

2 points for each correct answer

Unit test 1A total

	10
	100